

headspace Bendigo Mental Health Clinician

45.6 to 76 hours per fortnight (0.6 - 1.0 FTE)

Ongoing

The position sits within the headspace Bendigo Access & Response team, a multidisciplinary team of mental health clinicians. The key function of the Access and Response team is to be the first clinical intervention point for young people seeking to access mental health supports. The Access and Response team works closely with the Therapeutic Team, who provide more intensive support for young people.

About headspace

headspace is the National Youth Mental Health Foundation providing early intervention mental health services to young people between the ages of 12 and 25. headspace's vision is to improve young people's mental health, social, and emotional wellbeing through the provision of high quality, integrated services when and where they are needed.

About BCHS

Bendigo Community Health Services has cared for the health and wellbeing of the Bendigo community for 50 years. We employ more than 280 people across a broad range of services.

The success of BCHS starts with our staff, who have a high level of professionalism and dedication, allowing us to deliver quality services for the community, with a particular focus on vulnerable people.

Added benefits of working with BCHS include:

- Salary packaging
- Purchasing leave
- Study assistance
- Training programs
- Novated leasing

About the role

The role will:

- Provide psychosocial mental health assessment, counselling, brief intervention and other interventions and consultations related to young people aged 12 to 25 years who may be at risk of, or experiencing, early-stage mental health, emotional health and/or generalised health and wellbeing issues.
- Provide alcohol and other drug assessment and intervention as required.
- Participate in care plan development, case coordination, presenting at clinical allocation & review meetings and case conferencing as a member of the headspace team.
- Provide consultations with family, carers and friends of young people and engage in family inclusive practice.

- Provide risk assessment and intervention as required to young people and / or families accessing services.
- Provide at minimum 19 hours of (pro rata) direct client intervention per week.
- Actively participate in clinical supervision as required.
- Raise community awareness and build community capacity about the mental health and well-being issues as they relate to young people.
- Contribute support and assistance to relevant community-based psycho education events and internal headspace initiatives.
- Contribute to service integration, team development and headspace goals.
- Document and maintain clear and accurate records that support headspace performance accountabilities such as targets, budgets, reports and reviews.
- Engage with headspace National programs as required ie: headspace National Telepsychiatry and Work and Study program.
- Provide service delivery via outreach in line with BCHS / headspace policy and procedures.
- Undertake responsibilities of the position adhering to professional standards, relevant legislation and Occupational Health and Safety legislation and requirements.
- Work within current equity and access legislation/standards inclusive of all abilities, cultures, genders, sexuality, ages and faith.
- Willingness to perform other duties as directed that are within the limits of the staff member's skill and competence to support operational requirements of the service.

Key Selection Criteria

Essential:

1. Tertiary qualification in a relevant discipline with current membership of an appropriate professional body (for example AHPRA, AASW).
2. Demonstrated ability to complete psychosocial assessments, risk assessments and alcohol and other drug screening, care planning, case co- ordination and management of young people aged 12 - 25 years.
3. Ability to participate in clinical, operational and group supervision and a commitment to critical reflection, evidence-based practice and discussion of values and ethical conduct.
4. Demonstrated ability to work as a member of a multidisciplinary team and the ability to work independently when required.
5. Ability to accurately record and document information as well as the ability to collect and collate data within given timeframes and in keeping with legal, ethical and professional standards.
6. Excellent interpersonal and communication skills when working with young people, families and other agencies.
7. Current Working with Children Check and current Driver's Licence.
8. A willingness to obtain a Police Check

Desirable:

1. Demonstrated understanding and experience in the provision of evidence based therapeutic care to support young people with more complex needs.
2. A Current Driver's Licence.

Probity requirements

- A Police Check (paid for by BCHS)
- Employee Working with Children Check or willingness to obtain

For further information about the position contact Lindsay Rose on 5406 1400.

To view the position description please go to <https://www.bchs.com.au/careers/current-jobs>

Applications addressing the **Key Selection Criteria** should be emailed to recruitment@bchs.com.au

Bendigo Community Health Services encourages applications from individuals of all backgrounds and abilities.

Applications will be acknowledged upon receipt. Applicants are requested to contact Human Resources on telephone 5406 1312 if an automatic acknowledgement has not been received.